

FOURTH OF JULY FRUIT PIZZA

By Dr. Cindy Tanzar
(Maintenance/Special Occasion Recipe)

This festive patriotic dessert is perfect for the 4th of July. It's so easy and won't leave you feeling deprived at your celebration. It's basically a sugar cookie with icing and fruit! Just remember that this recipe is for special occasions and will not be a regular part of the weight loss plan.



INGREDIENTS

Cookie Base:

- 1 cup almond flour
- 1/3 cup coconut flour
- 1/3 cup Swerve Confectioners
- 1/2 cup Kerry Gold butter, softened
- 1/4 tsp. baking powder
- 2 tsp. pure vanilla extract
- 1 large pastured egg

Icing:

- 2 oz. full-fat cream cheese, softened



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2 Tbsp Kerry Gold butter, softened
1/4 cup Swerve Confectioners
1 tsp. pure vanilla extract
1/2 cup organic heavy cream

Topping:

Sliced strawberries
Blueberries

INSTRUCTIONS

Preheat oven to 350°F. Line a large baking sheet or pizza pan with parchment paper. In a large bowl add the cookie ingredients and mix until a thick dough forms.

Press dough into a large circle (approx. 9") on the baking sheet. Bake 10-15 minutes until golden. Set aside to cool.

In a medium bowl add the icing ingredients and beat together until smooth. Spread evenly over cooled crust.

Top with sliced strawberries and blueberries.