



SUGAR COOKIE COFFEE

By Dr. Cindy Tanzar
(Standard)

Doesn't count as part of your meal, Enjoy!



INGREDIENTS

1 & 1/2 tbsp heavy cream
8 oz. cold coffee
Liquid vanilla stevia
1/4 tsp almond extract
1 cup ice
1/2 tbsp butter

DIRECTIONS

Place all ingredients into a cup and stir to mix. Use a frothier for a creamier texture. Covers ½ your fat.