



PEPPERMINT MOCHA PROTEIN COFFEE - SMOOTHIE

By Dr. Cindy Tanzar
(Standard)

Makes 1 serving. Covers Protein only.



INGREDIENTS

2 scoops Chocolate Protein Powder
1/2 cup unsweetened almond or coconut milk
8 oz. cold coffee
10 drops liquid peppermint stevia
1 cup ice

DIRECTIONS

Place all ingredients into a blender. Blend on high until creamy and frothy. Serve immediately.